


2018 FEBRUARY



ROLLING HILLS CLUB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
<div style="border: 2px solid green; padding: 5px;"> <p>ADULT TENNIS CLINICS (WEEKLY)</p> <p>\$5 ROUND ROBINS 3.5-4.0 : Thu 10:30am-12pm</p> <p>BEGINNING DOUBLES : Sat 8:30am FREE</p> <p>CARDIO TENNIS : Mon + Tue 10:30am, Wed 11am, Fri 10am \$15 (\$20)</p> <p>HIT & RUN (90min) : \$20 (\$25) Daily 12pm + Tue 5:30pm / Sat + Sun 10am</p> <p>SATURDAY DROP-IN (90 min) : Sat 11am FREE</p> <p>SINGLES CLINIC (90 min) : Wed 12pm \$20 (\$25)</p> <p>WOMENS' DOUBLES STRATEGY (3.5) (90 min) : Mon 9am \$25 (\$30)</p> </div>						
4	5	6	7	8	9	10
<p>FREE GUEST DAY</p> <p>PARENTS DAY OUT - HAVE A WHOOT - (1:00pm-4:30pm)</p>				<p>DONUT SOCIAL (8:30am)</p>	<p>PARENTS NIGHT OUT - STORKS - (6:00pm-9:30pm)</p>	<p>STINGRAYS REGISTRATION PARTY (1:00pm-2:30pm)</p>
11	12	13	14	15	16	17
<p>HIKING GROUP - MUIR WOODS - (8:00am)</p>	<div style="border: 2px solid orange; padding: 5px;"> <p>WEEKLY CLUB EVENTS:</p> <p>MUD SHARKS MASTER SWIM MWF 10am / MW 6:30pm/ SAT 8am T Th 5:30pm</p> <p>RACQUETBALL CHALLENGE MON + FRI 5-7pm</p> </div>		<p>HAPPY VALENTINES DAY!</p>		<p>CLUB WIDE HAPPY HOUR CYCLE (5:30pm)</p>	<p>WINTER SWIM SCHOOL - FEB 10, 17, 24, MARCH 3 -</p>
18	19	20	21	22	23	24
	<div style="background-color: #ff00ff; color: white; padding: 10px; text-align: center;"> <p>COOKING WITH DISNEY ~ SKI WEEK CAMP</p> <p>February 19 – 23 / 9:00am-4:00pm / Extended Camp Available</p> <p>\$270 week/\$70 day Members / \$320/\$80 Guests</p> <p>Each day features a different Disney movie with food and craft projects based on the film!</p> </div>					
25	26	27	28			
<div style="border: 2px solid green; padding: 5px;"> <p>JR/ADULT TENNIS COMPETITION TEAMS (WEEKLY)</p> <p>INTERMEDIATE (Ages 6-11) Wed + Fri 4:00pm-5:30pm - \$25 (\$30)</p> <p>ADVANCE (Ages 10-20) Tues + Thurs 4:00pm-6:00pm - \$30 (\$35)</p> <p>ADVANCE (Ages 10-20) Sat 2:00pm-4:00pm - \$30 (\$35)</p> </div>			<div style="border: 2px solid green; padding: 5px;"> <p>JR TENNIS CLINICS (WEEKLY)</p> <p>MINI ACES (Ages 4-7) Mon 3:30pm-4:30pm - \$15 (\$20)</p> <p>GOT ITS (Ages 9-13) Mon 3:30pm-4:30pm - \$15 (\$20)</p> <p>ALLEY CATS (Ages 5-8) Thu 3:30pm-4:30pm - \$15 (\$20)</p> <p>LITTLE HITTERS (Ages 7-11) T +Th 3:30pm-4:30pm - \$15 (\$20)</p> <p>SIGN UP ON LINE</p> </div>			

JUST FOR KIDS!

"COOKING WITH DISNEY"

SKI WEEK CAMP

FEBRUARY 19-23 | M-F 9:00am-4:00pm
Grab your Mickey Mouse ears, we're cooking with Disney! We'll celebrate the generations of Disney characters that we know and love so well.. Each day features a different Disney movie with food and craft projects based on the film. Your kids will enjoy various activities, fun games, sports, and arts & crafts! Swimming is available for those who pass the RHC Lifeguard Test. Snacks and lunch will not be included.

AGES 5-12 years

\$270 Week Members | \$320 Week Guests

\$70 Daily Members | \$80 Daily Guests

Extended Camp: 8:30-9:00am (\$3 day)

4:00-6:00pm (\$10 day)

KIDS NIGHT OUT

BIGGER FATTER LIAR

FEBRUARY 2 | Friday 6:00pm-9:30pm
It's April Fools in February! Do you love pranks? This evening is for you. We'll make soap with a fake insect inside and whip up some pretend puke to scare your friends! We will also make a sweet treat that is masquerading as fries and ketchup. Pizza dinner will be served while we watch the movie "Bigger Fatter Liar".

AGES 5-10 years

\$26 Members | \$36 Guests

PARENTS DAY OUT

HAVE A WHOOT!

FEBRUARY 4 | Sunday 1:00pm-4:30pm
WHOOO wants to have some owl-inspired fun? Learn a little something and have a hooting good time. Enjoy food chain games, dissect an owl pellet, and create a healthy owl snack. We'll watch "The Magic School Bus: Food Chain Gets Eaten". Popcorn and fruit will be served.

AGES 2.5-12 years

(must be potty trained)

\$26 Members | \$36 Guests

PARENTS NIGHT OUT

STORKS

FEBRUARY 9 | Friday 6:00pm-9:30pm
Make a plan, stick to the plan, always deliver! Join us for a fun night of the age-old egg drop challenge! If storks can get a baby delivered safely, let's see if we can deliver an egg safely. We will make a stork marshmallow pop and play some bingo. A pizza dinner will be served and we will watch the movie, "Storks".

AGES 2.5-12 years

(must be potty trained)

\$22 Members | \$32 Guests

FOR MORE KIDS INFORMATION

contact: **Karen Lovelace**

email: karen@rollinghillsclub.com

TENNIS

LEARN THE EXCITING GAME OF TENNIS!

SATURDAYS 8:30am-9:30am
It's not too late to learn the FUN game of tennis! Drop in and join our Kiwi Pro, Pauline.

.No sign-ups necessary. ***FREE***

WEEKLY ADULT & JUNIOR TENNIS CLINICS + PLAY

... see Calendar for more details.

PICKLEBALL PLAYDAYS

ONGOING | Thursdays 8:30am
Come Experience America's Popular New Game!
No paddles/balls/partners required. ***FREE***

FREE TENNIS CLINICS FOR FITNESS MEMBERS

Come out and learn the FUN game of tennis. No need to sign up, just show up!
with KEVIN – Fridays 11:00am
with KIWI – Saturdays 8:30am ***FREE***

FOR MORE TENNIS INFORMATION

contact: **Chris Kretchmer**

email: chrisk@rollinghillsclub.com

ROLLING HILLS DAY SPA

FEBRUARY VALENTINE SPECIAL

Schedule a Rolling Hills Deluxe Facial for yourself or that special someone and **RECEIVE \$10 OFF** during the month of February. Call today to schedule your appointment.

FOR MORE SPA INFORMATION

contact: **Bobbie Bukszar**

email: bobbie@rollinghillsclub.com

COMMUNITY

MUIR WOODS HIKE

FEBRUARY 11 | Sunday 8:00am
Join Phil Johnson and John Martin for a great trek through the ancient Redwoods of Muir Woods. This hike takes place on the southern slopes of Mt. Tam, winds down thru Muir Woods, and climbs up Dipsea Trail. Bring plenty of water, snacks, and good hiking boots. Meet at the Club for carpooling. ***FREE***

50+ DONUT SOCIAL

FEBRUARY 8 | Thursday 8:30am-11:00am
All members ages 50+ are invited to join friends in the Adult Lounge for donuts and conversation.. ***FREE***

FOR MORE COMMUNITY INFORMATION

contact: **Bobbie Bukszar**

email: bobbie@rollinghillsclub.com

AQUATICS + SAFETY

STINGRAYS SWIM TEAM

Stingrays Swim Team begins Monday, March 5.
Tritons Swim Team ends Tuesday, February 27..
Learn more ONLINE at rollinghillsclub.com >

ARC CPR/AED CERTIFICATION

FEBRUARY 4 | Sunday
1:00-2:30pm or 2:30-4:00pm
This is a blended learning class combining online with in-person skills sessions. Register online at least one week in advance and complete 3 days before the in-person session. AGES: 14+
\$75 Members / Guests.

FIRST AID CERTIFICATION

BLENDED LEARNING'
FEBRUARY 4 | 4:00-5:00pm
This is a blended learning class combining online with in-person skills sessions. Register online at least one week in advance and complete 3 days before the in-person session. Participants learn how to recognize and care for a variety of first aid emergencies. AGES 14+
\$75 Members / Guests

SWIM SCHOOL

WINTER GROUP SWIM LESSONS / 4 Pack
FEBRUARY 10, 17, 24, MARCH 3 | Saturdays
We emphasize the development of progressive swim skills and encourage water safety. AGES 3+
\$75 Members / Guests

YOUTH & ADULT SWIM LESSONS

Our ROLLING HILLS SWIM SCHOOL emphasizes the development of swim skills and water safety by providing effective awards for achievement. It's also a great way to prepare for Swim Team!.
PRIVATE SWIM LESSONS available all year.
Learn more ONLINE at rollinghillsclub.com >

FOR MORE AQUATICS INFORMATION

contact: **Winnie Comfort**

email: winnie@rollinghillsclub.com

FITNESS

PASSPORT TO FITNESS

JANUARY 15 - MARCH 5
This program will help you achieve your fitness goals! It's designed to help you cross train your body and get results! Pick up your Passport at the Front Desk or from our Gr. Ex. Instructors.

HAPPY HOUR CYCLE

FIFTY SHADES RIDE!
FEBRUARY 16 | Friday, 5:30pm
This ride will be FUN and, of course, have a "Daring Playlist".
CLUB WIDE Happy Hour to follow in the Adult Lounge. Come join us for beer, wine, snacks and lots of fun!

FOR MORE FITNESS INFORMATION

contact: **Debbie Gleeson**

email: debbie@rollinghillsclub.com